

• 2021 •

MODDERSHALL OAKS  
*spa treatments*



A woman with dark hair is lying on her back on a white surface, possibly a massage table. Her eyes are closed, and she has a relaxed expression. A pair of hands is visible above her face, with fingers gently touching her forehead and cheeks, indicating a facial treatment. A rolled-up white towel is placed under her neck for support. The background is a soft, out-of-focus light color.

# facial treatments

A fusion of nature, mindfulness & gratitude through beautiful treatment experiences. Our collection of facial treatments are designed to enrich your skin with an elixir of ingredients to brighten, restore and smooth.



# tribactif

£70 (50 minutes)

Following an introductory welcome touch to relax and add warmth around the body, this facial delivers customised skincare to help you reach your skin goals. Whether you are looking to maintain healthy soft skin or slow down the signs of ageing, we have an elite skin sculpting facial massage and a choice of facial elixirs to provide a relaxing boost and a healthy glow.

 Welcome touch - warm oil drizzle to the back of the body

 Décolleté, neck, shoulders, face and scalp

# blush lustre

£70 (50 minutes)

Following an introductory welcome touch to relax and add warmth around the body, this indulgent and radiant facial will leave you stepping out with a healthy blush glow for face, hands and feet.

Sway into a gentle relaxation enveloped with dazzling palma rosa fragrance and wake up lustre beautiful. A deeply comforting facial suitable for all skin concerns.

 Welcome touch - warm oil drizzle to the back of the body

 Décolleté, neck, shoulders, face, scalp, hands and feet

# glass beauty FACIAL

£70 (50 minutes)

Following an introductory welcome touch to relax and add warmth around the body, enjoy this luxurious facial to even complexion, tone and appearance.

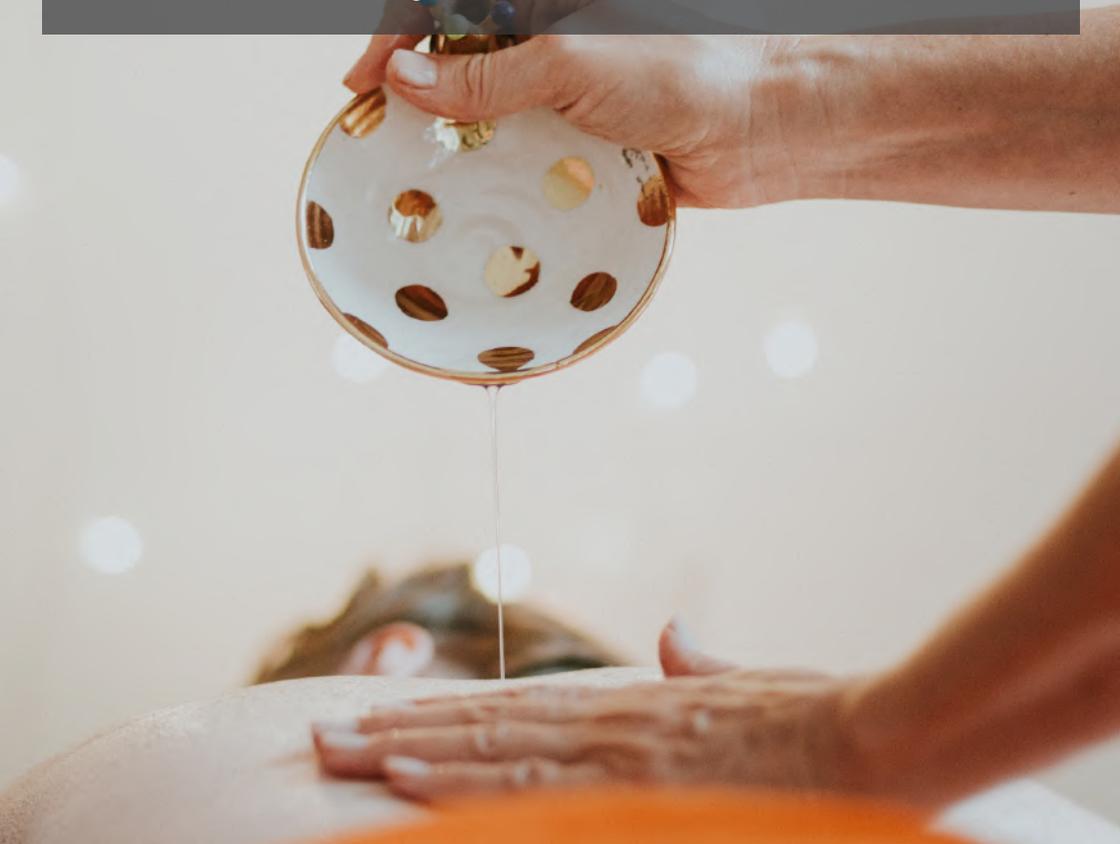
An expert facial and exfoliating massage for ultra-refined luminosity, championing intense hydration and promoting a youthful appearance, all with the unmistakable power and scent of orange blossom.

 Welcome touch - warm oil drizzle to the back of the body

 Décolleté, neck, shoulders, face and scalp

# body treatments

Pamper your body and mind... drift away in a warm blanket, relax with a pressure point massage and moisturise from head to toe.



# bacomplex

£70 (50 minutes)

Enjoy all the benefits of a relaxing back massage, a sculpting face massage and a tension reducing scalp massage.

The Tribe517 facial balms, together with warm orange & fennel infused oil, provide a level of relaxation and indulgence never experienced before.

- 🦋 Back, neck, shoulder, face and scalp
- 🦋 Light to medium pressure

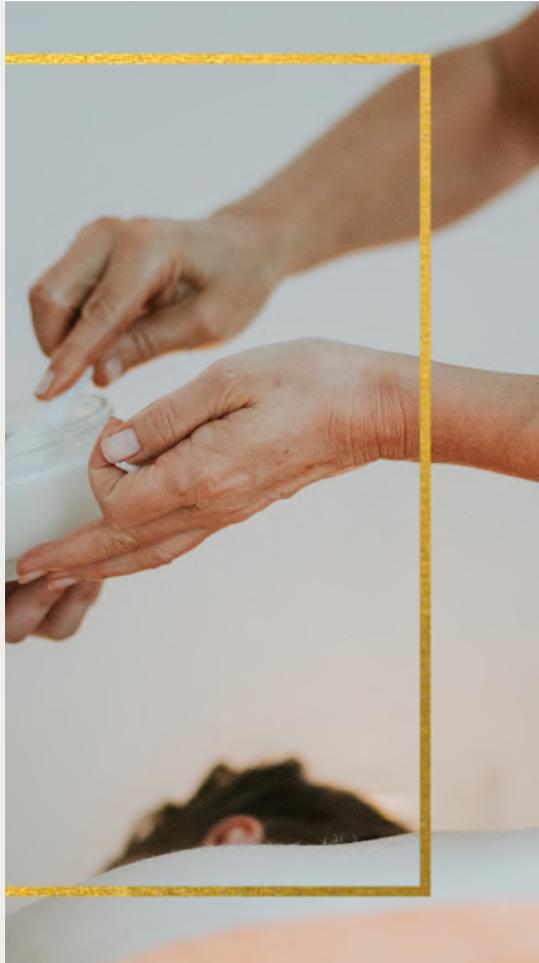
# tribal ABLUTION

£70 (50 minutes)

Soft bubble cleansing and a pink Himalayan salt exfoliation.

A full body cleansing and buffing ritual to reveal smooth and nourished skin.

- 🦋 Full body treatment (legs, back, arms, décolleté and face)





# massage treatments

Regular massage is important for our overall wellness, easing aching muscles, improving circulation and balancing the body and mind.

Choose from our range of massage treatments to alleviate stress and tension, from lighter therapeutic aromatherapy to deep tissue tension relieving.

# enlighten

## SIGNATURE MASSAGE

£70 (50 minutes)

Our iconic full body and scalp massage symbolising the epitome of Moddershall Oaks.

This signature treatment is culturally inspired by ancient techniques, taking you on a journey to rediscover your roots and reawaken your soul.

Prepare to be charmed into an empowering stupor, with a deeply relaxing and calming mood, alongside softened aching muscles.

Fresh, natural, botanical fragrances in our unique butter balm blend to nourish the skin and enlighten the mind.

-  Full body (legs, back, arms, scalp)
-  Medium to firm pressure





## calibrate 517

£70 (50 minutes)

Surrender to the sensation of having your body gently realigned and perfectly put back together again with a body massage like no other. supported lying face down encouraging gravity to enhance the experience.

Warmed orange and fennel infused oil will help to relieve tension during this light to medium pressured massage.

✿ Half body massage (back of legs, back, back of arms and scalp)

✿ Light to medium pressure

## hypnotic tribal SLEEP

£70 (50 minutes)

Full body dreamy sleep massage supported with pillows in the embryo position to enhance muscular release while encouraging optimum rest.

A blend of black pepper and petitgrain essential oils will drift you off to sleep during this gorgeously light and gentle massage.

✿ Full body (legs, arms, back and scalp)

✿ Light pressure

## hot rocking RELAX

£70 (50 minutes)

Your aching muscles will welcome this combination of sleep-inducing essential oils and gently warmed Himalayan salt pebbles. This massage can be tailored to your requirements, whether you're looking for a light or medium pressured massage to recharge your mind, body and soul.

✿ Half body massage (back of legs, back, back of arms and scalp)

✿ Light to medium pressure

# liberty 517

£70 (50 minutes)

This bamboo massage provides a unique experience of hand-on manual massage and expert bamboo pole sequences.

Combining the application of exotic Amyris & Ylang Ylang infused oil and gently warmed bamboo poles, your body will undoubtedly surrender to pure muscle relaxation.

 Half body (back of legs, back, back or arms and scalp)

 Medium to firm pressure

## neom

# WELLBEING MASSAGE

25 minutes £40 // 50 minutes £65 // 85 minutes £85

Customised to de-stress, energise, uplift your mood or aid sleep.

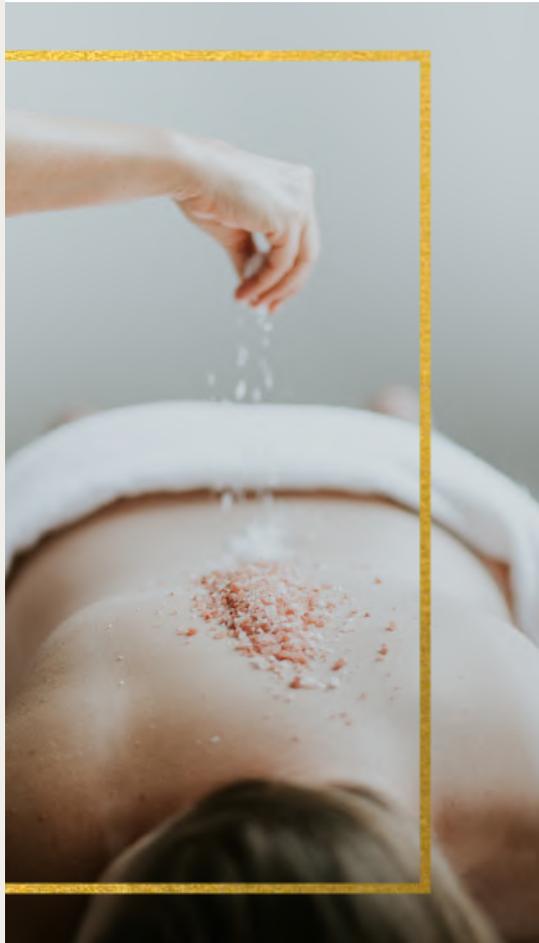
Masterminded by the Neom team of 11 wellbeing experts and drawing together the most effective of 6 therapies – meditation, shiatsu, crania, Thai massage, trigger point & reflexology.

For the 25 minute treatment, choose from Neom De-stress (back massage) or Neom Sleep (back massage).

For the 50 and 85 minute treatments, choose from: Neom sleep (full body massage), Neom De-stress (full body massage), Neom energise (clay mask treatment) & Neom Happiness treatment (full body scrub & back massage).

All Neom wellbeing treatments have been created to provide true therapeutic wellbeing benefits.

 **Neom treatments are not included in spa packages**



# *tender loving care*

A fusion of nature, mindfulness & gratitude through treatment experiences.  
Soothing, caring and loving for the body, mind and soul.





## beautiful HERO

£70 (50 minutes)

For the warrior in you. Well-being touch of warmth to comfort your soul, treat your skin and lift your spirits.

Ideal for those with sensitivity, fragile conditions and those living with or recuperating from disease and sickness. Treatment uses a whipped delight of fragrance free natural butters.

🦋 Full body (legs, back, arms, décolleté and scalp)

🦋 Light pressure touch therapy

## sole to soul

£70 (50 minutes)

Reclaim your inner balance and unwind from sole to soul. This enveloping reflexology treatment helps reduce tension from head to toe through only the manipulation of the feet and scalp. Enjoy fragrances of basil, neroli, sweet orange and fennel whilst your body is supported by soft pillows.

🦋 Reflexology treatment

🦋 Feet and scalp

🦋 Light to medium pressure

## mama LOVE

£70 (50 minutes)

Tender loving care for the second and third trimesters of pregnancy and beyond. A cocooning soothing massage encouraging sleep and relaxation with soft pillows and a natural whipped blend of butters.

🦋 Full body (legs, arms, back and scalp)

🦋 Light pressure

# *demi collection*

Experience the indulgence and benefits of our wonderful treatments condensed into just half an hour with our demi collection.



# demi glass BEAUTY FACIAL

£40 (25 minutes)

A glorious quick fix and refining facial, leaving the skin with glass-like smoothness.

Expert facial exfoliating massage for ultra-refined luminosity, championing intense hydration and promoting a youthful appearance. All with the unmistakable power and scent of orange blossom.

 Décolleté, neck, shoulders, face and scalp

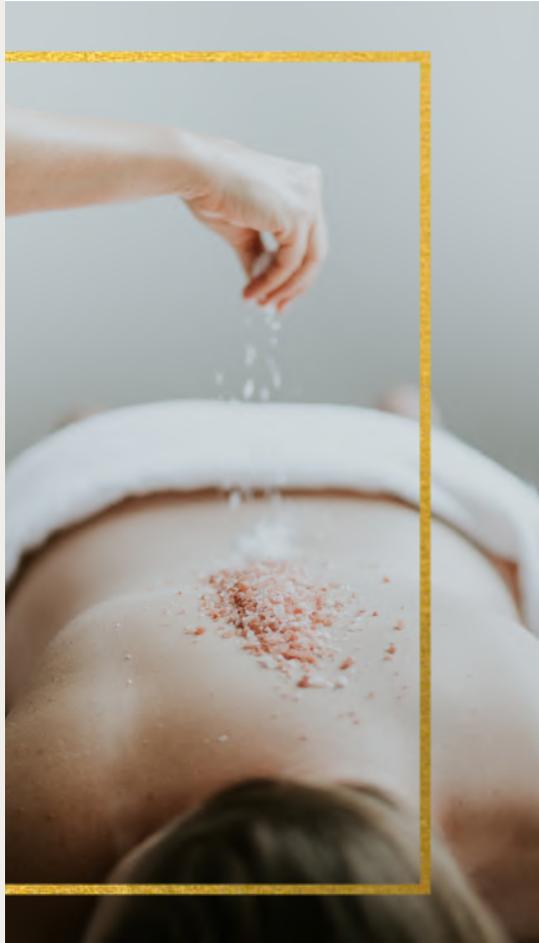
# smooth AND SOOTHE

£40 (25 minutes)

A glorious quick fix and refining body scrub. Soft bubble cleansing and pink Himalayan salt exfoliation.

A full body cleansing and buffing ritual to reveal smooth and nourished skin.

 Full body (legs, back, arms, décolleté and face).





## hot rock SHRUG

£40 (25 minutes)

A quick fix for tired muscles, aching shoulders and giving an all over feel good factor boost.

Our gently heated Himalayan salt pebbles send heat deep into the muscles and work with a technique designed to release tightness and discomfort.

A great choice for a those in need of a results-driven express back-ache release.



Back massage



Light to medium pressure

## indian head MASSAGE

£40 (25 minutes)

A relaxing and invigorating traditional massage of the upper back, shoulders, neck, scalp and face. Ideal for relieving stress and tension headaches, sinus congestion, sleep problems and many other complaints.



Upper back, shoulders, neck, scalp and face.